

Ms. Shelley Fleckenstein



Shelley Fleckenstein was born in Wolfville in 1963, where she now resides with her husband, Dr. Martin Fleckenstein, and their children, sixteen-year-old Ben and fifteen-year-old Clare.

She graduated from the Dalhousie Physiotherapy program in 1988.

Following graduation, Shelley gained three years of work experience in a variety of settings in the public sector, including the Nova Scotia Rehabilitation Centre, the Hants

Community Hospital, and the Western Kings Memorial Hospital after which she worked for nearly five years in a private physiotherapy clinic in Kentville. In September, 1995, when she launched her own practice, Kings Physiotherapy Clinic Ltd., in New Minas. Her goal had been to create employment for herself in her home community. The Clinic now has on payroll 35 professionals representing nine different disciplines, in an outstanding facility on Kentucky Court in New Minas.

Shelley believes in giving back to the community that supports her business. She has been active in the Rotary Club of Kentville. She has also been a former director on the Board of Directors for the Annapolis Valley Chamber of Commerce, and has been active in the Annapolis Valley Human Resources Association. Professionally, she has served as President of the Private Physiotherapy Association of Nova Scotia and Past President of the Annapolis Valley District of the Canadian Physiotherapy Association.

In February 2012, a succession plan was put in place with four key clinic team members joining Shelley in ownership. KINGS also aligned with CBI Health Group, a highly-reputable national network of health care providers. Shelley is the Regional Manager, Nova Scotia with CBI Health Group.